

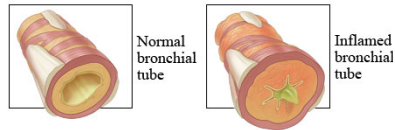
SPECIAL YOGA THERAPY WORKSHOP for CURING ASTHMA

Call us for other Critical Disease Yoga Therapy (Cancer, HIV, Heart Block, MDC etc) www.ancientyogaconsulting.com

What is Asthma?

Asthma is a chronic inflammatory disorder of the airways, which makes the airways:

- * Red
- * Swollen
- * Produce more mucous
- * Hypersensitive



2 Major type of Asthma

- Cardiac asthma
- Bronchial asthma



What modern medical world says about Asthma?

Asthma medication plays a key role in gaining good control of your asthma. Asthma is a chronic (lifelong) disease that involves inflammation of the airways superimposed with recurrent episodes of decreased airflow, mucus production, and cough. Choosing the proper asthma medication is crucial in avoiding asthma attacks and living an active life.

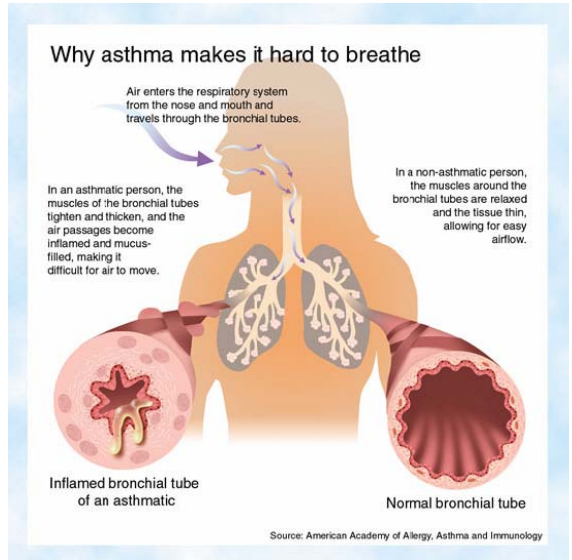
That means there is no specific medicine to cure Asthma or its related health issue.

Asthma can be controlled but it cannot be cured (from www.myhealth.gov.my).

Let's explore 8,000 year old ancient art from modern Mahaguru with more then 20 years of experience.

Side effects of Asthma medicine including

- Nausea and/or vomiting, Diarrhea, Stomachache, Headache
- Rapid or irregular heartbeat, Muscle cramps, Jittery or nervous feeling, Hyperactivity, Skin allergic etc
- **Thrush**, which is a fungal infection in the mouth and throat, is one of the most common side effects.
- **Dysphonia** is a type of vocal stress that sometimes occurs when the inhaled steroid dosage keeps increasing.
- **Reflex cough and bronchospasm** are two other effects you might have if you inhale too quickly through your inhaler.
- One potentially more risky side effect of inhaled steroid use in **children is the possibility of a growth delay.**

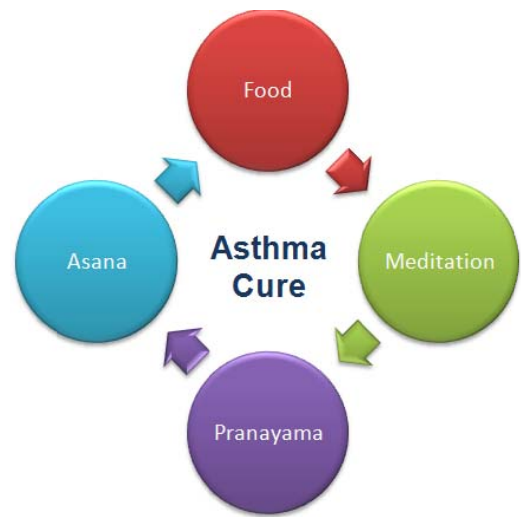


Note: All medicine usage, diagnostic with doctors are important to continue until advice from GP.

Yogi has given name for Asthma as "BREATHLESSNESS" - difficult to breathe.

OVERALL REASON COURSE OF ASTHMA?

- Sadness, Generation, Dust, Pets, Foods intake
- Airways, Marriage within close relatives, Enemy
- Life disappointment, Smokers
- Ear infections – Thyroid affected because of flu
- Family members who have TB can cause asthma for others
- Allergens (such as house dust mites, bits of fur and skin from animals or pollen)
- Smoke and air pollution
- Certain medicines
- Chemicals that may trigger an asthma attack
- Illnesses (such as colds)

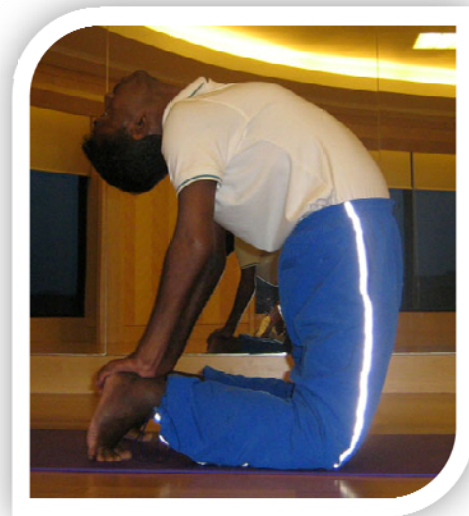


International practical experiences by a number of medical institutions have proven records curing asthma with yoga

Ancient Yoga Consulting have successfully design a special Yoga Therapy Workshop for Curing Asthma.

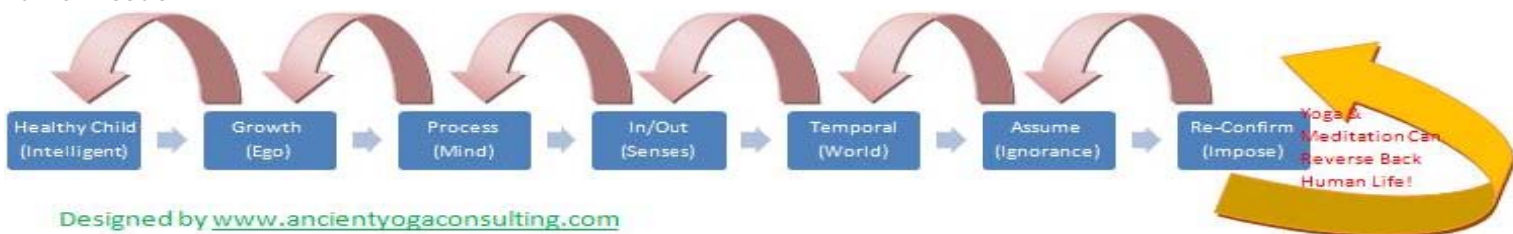
Why Special Ancient Yoga Therapy can cure Asthma?

- Design with R&D over 10 years.
- Expertise integrated conscious mind, sub-conscious mind and un-conscious mind.
- Design to work with recovering physical body, handling psychosomatic thoughts as well un-known and un-handle un-conscious thoughts.
- Yoga work's in re-activating endocrine glands.
- Maximize blood flow with best oxygen quantity.
- Meditation will restore Brain neuron's to its highest capability.
- It will remove bacteria, repair cells, restore bronchial to original condition and remove all un-stable hormones towards stabilize regulation.
- We advice the best food handling manner and live style to be adopted.
- We teach simple yet scientific manner to improve Thymus Gland which managing immune system.
- Originally in Yoga Sutra there is about 840,000 Asana, more then 60 over type of Pranayama, over 50 types of Mudras, 20 over types of Bandhas, 15 over Kriyas.
- Mahaguru pre-selecting about 50-70 over posture best suites for each critical sickness.



WHAT MAKES IT POSSIBLE?

When the glandular system is activated and the nervous system is strong the energies of the two systems combine to create a movement or flow in the spinal fluid sensitivity in the nerve endings. The "brain in its totality receives signals and integrates them." Basically it's possible to cure any diseases and solve any human issue.



Complete Series of Yoga Therapy Package for Asthma

www.ancientyogaconsulting.com

For international participant/patient, we organize smaller groups to complete training within 2 to 4 weeks.

STAGE 1 - CONSCIOUS LEVEL			
#	DESCRIPTION	REMARKS	FEES (USD)
1	7 Full days Theory & Practical Workshop	Preferably at town's nearest resort	3500.00
1.1	Yoga Asana, Pranayama, Chakra Therapy Meditation		
1.2	Theoretical Fact How it's reversing Asthma		
1.3	Latest R&D from Medical Industry		
1.4	Group discussion		
1.5	Participant Sharing		
1.6	Ayurvedic Base Daily Diet Technique		
2	30 Days Weekly Yoga Series		100.00
2.1	Weekly Once Revise of Yoga	AYC Yoga Centre in KL, PJ or According to Participant Group	
2.2	Daily twice of morning & evening 1.5 Hour Yoga Practicing by Participant at Home		

STAGE 2 – SUB-CONSCIOUS LEVEL			
#	DESCRIPTION	REMARKS	FEES (USD)
1	7 Evening Mix Days Workshop	Major Towns Training Hall	1000.00
1.1	Understand the REAL Purpose and meaning of LIFE Healing emotional wounds Living in the MOMENT; forgetting the past & not worrying about the future. Discovering your true potential and hidden Creativity. ATTRACTING everything you want in life, wealth, better health, harmonious family.		
1.2	Psychoneuroimmunology (PNI), these approaches are based on the concept that the mind or brain can influence the body's ability to fight disease.		
1.3	Mind-body approaches such as meditation, visualization and guided imagery can help participant to make living with your condition easier, and maybe even reduce susceptibility to Asthma.		
2	30 Days Weekly Yoga Series		100.00
2.1	Weekly Once Revise of Yoga	AYC Yoga Centre in KL, PJ or According to Participant Group	
2.2	Daily twice of morning & evening 1.5 Hour Yoga Practicing by Participant at Home		

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STAGE 3 – UN-CONSCIOUS LEVEL			
1	1 Day Workshop	Major Towns Training Hall	100.00
1.1	About Self Power		
1.2	Scientific & Biological Logic of it		
1.3	Theory & Practical		

FINAL PACKAGE OF WEEKLY YOGA TRAINING			
1	Six Month of Various Yoga Asana Types	AYC Yoga Centre in KL, PJ or According to Participant Group	100.00 / month
1.1	Theory & Practical		
1.2	Daily minimum once morning or evening 1.5 Hour Yoga Practicing by Participant at Home.		
1.3	Optional to extend additional of three more months		

PARTICIPANT TERMS & CONDITIONS

1. Participants are not allowed to use mobile phone for the full 7 days. Participant will be given training resorts office phone, other organizers mobile number for the next keen to contact in case of emergency.
2. All must be Asthma patient or Asthma suspected patient.
3. Participant with multiple sicknesses must inform other disease in written format. Base on Guru's interview he/she might can't joint the workshop with curing other critical sick.
4. Latest complete medical screening report should be submitted upon registration. This is to avoid other health conflict such as High Blood Pressure exists with knowing.
5. Participant should able to take part in all stages without having any outstation and oversea trips which will disturb the training flow and create fluctuate non standard result in recovering Asthma.
6. Each stage fees should be paid at least 7 working days prior to commencing training date.
7. Gap between stage will be various within tentative time frame.

WORKSHOP & TRAINING METHODOLOGY

1. The seven full day training will be with stand by of Ambulance with basic Asthma treatment facility and staff nurse.
2. All training simple, safe, scientific manner, enjoyable fun learning, legal yet the most pro-found methods.
3. Training focus to recover Asthma situation improvement between 30% and 50% within seven full days.

ESTIMATED FEES INCLUDING

1. Accommodation with for 4 people sharing.
2. Food & beverage.
3. Complete training & notes.
4. Additional of USD700.00 for twin sharing bed room.
5. Home workbook for practicing yoga

For international participant/patient, we organize smaller groups to complete training within 2 to 4 weeks.

Note: Please always call AYC or AYC Partner's nationwide to confirm latest documentation and fees updates.

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